

Recommended for magnifying own attractor field

because of their high frequency that could be transferred upon the user

calibrated by David R. Hawkins - [Full List >>](#)

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BOOKS

Vedas	Hindu philosophical teaching	970
Upanishads	Hindu philosophical teaching	970
Sermon on the Mount	Sermon in the New Testament	955
Bhagavad-Gita	Holy scripture of hindu religion	910
Zohar	Mystic scripture based on the book Kabbala	905
Lamsa bible	Translation of the bible by George Lamsa from the aramaic	880
Dhammapada	Anthology of sayings from the Buddha	840
New Testament	Holy scripture, book, without revelation, King James translation	790
Lotus Sutra	Holy scripture, book	780
Heart Sutra	Holy scripture, book	780
New Testament	Lamsa Translation	750
Yogasutra	Holy scripture, book, from Pantanjali	740
Koran	Holy scripture of Islam, book	720
Cloud of Unknowing	Mystic scripture, book	705
Rigveda	Hindu holy scripture, book	705
Diamond Sutra	Holy scripture, book	700
Gospel of Lukas	New Testament, holy scripture, book	699
Gospel of Thomas	New Testament, holy scripture, book	660
Genesis	Lamsa Translation, book of Moses	660
Psalms	Old Testament, Lamsa Translation	650
New Testament	With revelation, King James translation	640
Kabbala	Scripture, book	605
A Course in Miracles	Workbook	600
Master Eckhart	Work	600
Tibetan Book of the Dead	By Padmasambhava, book	575
The Practice of the Presence of God	By Brother Lawrence, book	575
The Book of Kells	Holy scripture from Scotland, book	570
Glamour: A World Problem	By Alice Bailey, book	560
A Course in Miracles	Text book version	550
Dschalal ad-Din Rumi	Persian poet	550
Tora	Holy scripture of Judaism, book	550
Charles Dickens	Work, books	540
William Shakespeare	(1564-1616) english writer, books of	500
Gnosis	Group of religious teachings	503
Aborigines of America	Teachings of	500
Rudolf Steiner 475, Johann Wolfgang von Goethe 465, Immanuel Kant 460, Thich Nhat Hanh 460		
Leo Tolstoi	Literature of, (1828-1910) russian author	455
Alice A. Bailey	(1880-1949) a writer and theosophist in what she termed 'Ageless Wisdom'	445
Oscar Wilde	Literature of, (1854-1900 AD) irish poet	440
James Joyce	Literature of, (1882-1941 AD) influential irish poet	440

I Ching	Also 'Book of Changes', Philosophy of ancient China	430
Miguel de Cervantes	(1547-1616) spanish author, national poet of spain	430
Leo Tolstoi	(1828-1910) russian author, his work calibrates at 455	420
William 'Bill' McGuire Bryson	(*1951) US humorist, journalist, author	420
Gnostic Gospels		400
Ernest Miller Hemingway	Literature of, (1899-1961) US writer	400

MUSIC

Alleluja and Kyrie	Music by Robert Gass	700
Canon in D	Music by Johann Pachelbel	645
Gregorian Chants	Music	595
Amazing Grace	Music by John Newton	575
Ave Maria	Music	575
Silent Night, holy night	Music	575
Joy to the World	Music	575
Wolfgang Amadeus Mozart	(1756-1791), work of, classical music	540
Johann Sebastian Bach	Classical music, work of	530
Santana	Music by Carlos Santana	515
Ludwig van Beethoven	(1770-1827), music of	510
Bob Dylan	U.S. singer, music of	504
Riverdance	Irish music band	500
Janis Choplin	US american singer	495
Franz Liszt	(1811-1886) hungarian musician and composer	490
Nat King Cole	(1919-1965) US-American singer, pianist and jazz musician	470
Beatles	British music band	460
Julio Iglesias, Beachboys		400

MOVIES

The Big Blue	Original: Le Grand Bleu, Movie 1988	700
Brother Sun, Sister Moon	Movie about Francis of Assisi	550
Jonathan Livingston Seagull	Movie, 1976	515
Dicken's Christmas Carol		499
Winged Migration		495
Lost Horizon		485
Fantasia, Forrest Gump, Sound of Music, Color Purple, Ben Hur, Ray		475
A Man for All Seasons, What the Bleep Do We (K)now!?, Amadeus, Gandhi		455
It's a Wonderful Life, Wizard of OZ (1939)		450
Little Buddha		445
2001: A Space Odyssey		440
About Schmidt		435
Chariots of Fire, Sound of Music, Terms of Endearment		425
Lion King, Singin' in the Rain, Doctor Zhivago		415
Rain Man,		410
Gone with the Wind, West Side Story, Titanic, My Fair Lady, Philadelphia Story, Hamlet		405
Toy Story, Citizen Kane		400

ARTWORKS

Rembrandt	Dutch painter, the work of	700
Michelangelo Buonarroti	Work	590
Pieta	Sculpture from Michelangelo	590
Leonardo da Vinci	Work	565
Henri Matisse	(1869-1954) french painter, work of	525
Vincent Willem van Gogh	(1853-1890) paintings of, dutch painter	480

SPORTS

World Cup	Level of mastery in sports	490
Tennis	Playoffs in Wimbledon, Soccer (brit. football)	450
Chess		415
Kung Fu Chinese Martial Art		410
Golf		400
Relaxation-	to take a rest, to outspan, to kick back, recreational activities	395
Tennis, cycling, running, jogging, aerobic		350
Tai Chi		310
Hatha yoga		260
fixation on body building and extreme sports		185
Boxing, sports betting		180

PLACES

Westminster Abbey	Christian cathedral in London	790
Notre Dame	Cathedral, France	790
Chartres	Cathedral, France	790
Great Buddha of Kyoto	Giant buddha statue in Japan, building	780
Alhambra	Castle in Spain	720
Basilica of Saint Peter	In Rome, building	710
Stupa	Tibetan-buddhist building	640
Stonehenge	Wiltshire, Great Britain	599
Angkor Wat	Temple in Cambodia	550
Pyramids	In Egypt	520
Macchu Piccu	Building, place in Peru	510
Lourdes	Building in France	510

PRAYER

Om	hindu buddhist mantra	740
Om mani padme hum	Buddhist mantra	700
Namu Myōhō Renge Kyō	Buddhist mantra	700
Om Shanti Shanti Shanti	Hindu mantra	650
Lord's Prayer	Christian prayer	650
Om Namah Shivaya	Mantra	630
Prayer	From Saint Francis of Assisi	580

STATEMENTS

Life cannot be destroyed, it can only change form	1.000
Creation and Evolution are one and the same reality	1.000
Consciousness is the irreducible stratum of all that exists	1.000
Nothing causes anything	999
Judgement day is every day	999
No one comes to the Father, but by me	940
I am myself, heaven and hell	700

TRUE STATEMENTS (>200)

- One`s exact time of death is set at birth
- One`s consciousness level is set at birth
- Humans can live on prana energy
- Chi energy exists
- Wait three days before burial or cremation
- Reincarnation is real
- Stigmata are real phenomenon
- Free will is an illusion
- It is possible to come up from lower regions of hell - with the exception of blasphemy
- God`s will for you is happiness. To be happy is pleasing to God
- There are angels in bodies
- Praying is beneficial. It benefits yourself, loved ones, the world, all of humanity
- By our mere existence we are - all is - Divine
- It is safe to pray for the sources of hate
- It is NOT already determined which lifetime someone will become enlightened in
- All things are God
- The Light of God is Consciousness
- Consciousness is the Mind of God
- At any age, the brain is constantly producing new neurons
- The number of causes for any event is infinite
- All living things are aware as you walk by
- **The purpose of this human life** is to undo negative karma and gain positive karma. That is the sole purpose of human life.
- Whatever problem you have in life, if you apply the [12 Steps](#) to it, that will solve it
- Discretion of Speech is a higher good than freedom of speech
- It is safe to die
- It is my understanding that the disciples (who calibrated in the 900s at the time) saw Jesus` etheric body
- As we sacrifice our personal lives for the sake of the world, we sanctify the life of the world. This is personified in the life of Jesus Christ.
- There`s multiple heaven, and the heaven that you go to is aligned with your calibrated level of your consciousness
- To Thee O Lord I devote my life. - There is nothing beyond that that you as a human can say. That is the ultimate that can be said.

About the Figures

They are logarithmic, not arithmetic figures.

What this means is when you see a figure, say 200, it means 10 to the power of 200 (10^{200}) and not the absolute number 200. Thus, 200 on the scale does not mean twice the magnitude of 100.

In logarithmic terms, a +5pt difference represents 100,000 (i.e. 10^5) times the difference in magnitude!

This means just raising your consciousness by +5pt will result in enormous improvements in your well-being and state of life.